

PART.210 Spring fatigue





<Spring makes you tired♥>

Because living habits change and different biochemical processes are activated in Spring, men and women feel more fatigued. The best cure is a good nap.







I'D RATHER
HAVE THAT
THAN INSOMNIA.

YEAH.

49.4% of the Japanese suffer from insomnia!
According to statistics, 17.3% of the men and
21.5% of women have trouble sleeping

Men 17.3% Women 21.5%☆

...So modern people can't sleep?
(2002/07/08 Mutsuchi Shinzou)



SPRING
FATIGUE?



...THAT CHILDREN
WHO DON'T SLEEP
ENOUGH HAVE
CONFIDENCE
ISSUES AND GET
VIOLENT.

IT'S FOR
THE BEST
THAT YOU'RE
GETTING MORE
SLEEP, I'VE
READ...



I CAN'T SAY THAT
GOING WITHOUT
SEX FOR ALL THIS
TIME IS HEALTHY,
THOUGH.

First world
problems?



SO THIS IS
PROOF THAT
YOU'RE
HEALTHY!

ARE YOU
IMPLYING
THAT I'M
A KID?



That
Saturday

WHY SHE'S
ALREADY
ASLEEP!



WE'RE
HAVING
SEX
TONIGHT!!



EH?

GREAT! THEN
LET'S HAVE
SEX BEFORE
BED!!



YOU ARE!

WHY WHO'S
ASLEEP?

SHE'S
CUTE
WHEN
SHE'S
DROWSY!

Many women
are more tired
during their
period.



I'M TIRED...
EVEN THOUGH
IT'S NOT THAT
TIME OF
MONTH...

FWA!







Are housewives permanently tired?

According to one study, women sleep less soundly than men, due to the influence of both female hormones (estrogen, which reduces fatigue, and progesterone which increases fatigue). Their circadian rhythm is disoriented. Especially housewives, who tend to have insomnia more than men due to time sacrifices made for their household.



They fall asleep!





Seems his
circadian
rhythm is
disrupted.

I WOKED UP IN
THE MIDDLE OF
THE NIGHT...





YUP!

THEN LET'S
TAKE THIS
CHANCE TO-

I AM!



WHAT'S UP,
YURA-SAN?



TEE
HEE!

SAME
HERE!



KYAA!!

WE
WON'T BE
NEEDING
THESE!



HEHE!

お
れん

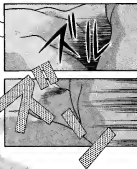
ALRIGHT,
LET'S GET
INTO IT!



AH!

Ah ...
Aah ...

HYAA!





AAH!

AAH!

AAH!

HING

AAA
AH!!

The
next
mor-
ning

They're
still at it!

MA-
MAKOTO-
SAN...!!

I'M
CLIMMING
...

I CAN'T...
ANYMORE...

HAH

HAH



They finally
slept soundly
after all
that sex.

MMMM



SURE!



AH, LET'S JUST
SPOIL OUR-
SELVES AND
TAKE THE DAY
OFF, OKAY?

OH NO! IT'S
ALREADY
AFTERNOON!!



So much for
Spring
fatigue...

♡
春の
恋





FUTARI

Presented by

**Roselia
Scanlation⁵**

Translator: Laine
Cleaner: Dmacjason
Typesetter: Amli
Proofreader: Bashzestampeedo
QC: Bashzestampeedo